



SCC Rugby Academy's HSBC 7s and Touch Tournament 2018

Age group rules	U10 Touch	U12 Touch	U14 Touch	U18 Touch
Player numbers	6 on field with 8 subs (maximum squad size 14)			
Game duration	Pool Games will be 15 mins straight with no half time Finals will be 15 mins straight with no half-time		Pool Games will be 15 mins straight with no half time Finals will be 20 mins straight with no half-time	
Playing Area	Half field			
Ball Size	4			
Kick Off (first named team kicks off)	First named team commences game Tap n' Go			
Kicking in general play	No			
Touch / Contact	One handed / defenders to retreat 5m from where the touch was made / play resumes from where the touch was made 6 touches then handover			
Forward pass / knock-on	Turn over			
Foot-in-touch	Turnover			
Coach positioning	In technical zone			
Date / venue for pool games and Plate, Bowl & Shield finals	Sunday 28th October The Padang			