



SCC Rugby Academy's HSBC 7s and Touch Tournament 2018

Age group rules	U13	U14	U15
Player numbers	7 on field Up to 7 replacements (maximum 14 squad size)	7 on field Up to 7 replacements (maximum 14 squad size)	7 on field Up to 7 replacements (maximum 14 squad size)
Game duration	Pool games 10 minutes straight no half time Cup, Plate, Bowl & Shield finals 2 x 7 mins with 1 mins half time	Pool games 10 minutes straight no half time Cup, Plate, Bowl & Shield finals 2 x 7 mins with 1 mins half time	Pool games 10 minutes straight no half time Cup, Plate, Bowl & Shield finals 2 x 7 mins with 1 mins half time
Playing Area	Half field	Full field	Full field
Ball Size	5	5	5
Kick Off (first named team kicks off)	Drop kick Kick must travel 7m	Drop kick Kick must travel 10m	Drop kick Kick must travel 10m
Restart after score (scoring team restarts)	Drop kick Kick must travel 7m	Drop kick Kick must travel 10m	Drop kick Kick must travel 10m
Kicking in general play	Permitted	Permitted	Permitted
Tackle	Yes	Yes	Yes
Forward pass / knock-on	Scrum (see below)	Scrum (see below)	Scrum (see below)
Scrum	Yes - contested hook Three players (1m max push)	Yes - contested hook Three players (1m max push)	Yes - contested hook Three players (1m max push)
Foot-in-touch	Line-out (see below)	Line-out (see below)	Line-out (see below)
Lineout	Yes - contested 3m from touchline Lifting permitted Minimum 2 players in line	Yes - contested 5m from touchline Lifting permitted Minimum 2 players in line	Yes - contested 5m from touchline Lifting permitted Minimum 2 players in line
Quick line-out throw-in	No	Yes	Yes
Drop goals	No	Yes	Yes
Penalty goals	No	Drop goals only	Drop goals only
Hand-off (fend)	Yes - no contact above shoulders	Yes - no contact above shoulders	Yes - no contact above shoulders
Conversions	No	Drop Kick (within 20 seconds)	Drop Kick (within 20 seconds)
Quick tap penalties	Yes	Yes	Yes
Penalty off-side line	7m	10m	10m
Squeeze ball	No	No	No
Yellow card	2 mins	2 mins	2 mins
Red card	No replacement	No replacement	No replacement
Fair catch (mark)	No	Yes	Yes
Coach positioning	Coaches in the technical zone only	Coaches in the technical zone only	Coaches in the technical zone only
Referees	Tournament appointed referee	Tournament appointed referee	Tournament appointed referee
Streaming of pools and tournament progression	Streamed pools Pool A x5 teams compete Cup & Plate Pool B x5 teams compete Bowl & Shield	Streamed pools Pool A x4 teams compete Cup & Plate Pool B x4 teams compete Bowl & Shield	Streamed pools Pool A x4 teams compete Cup & Plate Pool B x4 teams compete Bowl & Shield
Date / venue for pool games and Plate / Bowl / Shield finals	Saturday 27th October The Padang	Sunday 28 th October The Padang	Sunday 28 th October The Padang